

PSHE/Rights Respecting

This week we are looking at Article 14 - Freedom of thought, belief and religion. This article guarantees every child's right to think and believe what they choose and to practice their religion, as long as they are not stopping others from enjoying their rights.

This is the link to download all of the resources for the week but below is a snapshot of the activities that you could do from Unicef. You really don't need to do them all - just the ones you want to have a go at. https://www.unicef.org.uk/rights-respecting-schools/resources/teaching-resources/guidance-assemblies-lessons/article-of-the-week/?utm_source=Unicef_UK&utm_medium=Email&utm_campaign=rrsa_newsletter_rrs

ACTIVITY TIME

All these activities are related to...



Thoughts and beliefs are usually really important to people. Write down some things you believe in strongly. Share these with your family or discuss them with your friends.

Food choices are really important to some people. Find out about the food rules of veganism or a specific religion. If you have the ingredients at home, why don't you have a go at making a dish with your family? Watch [this video](#) from the BBC and its humorous exploration of food and religion.



Why do you think religious buildings are important? Think of and draw a building that is important to you or make a sculpture of one of these buildings using things you can find around the house (old cereal boxes, empty toilet roll etc.). This could be a religious building like a church or a temple, or even a school or a library. Write a sentence or two about why this building is important to you.

List as many religions as you can think of. Do you know what symbols are linked with these religions? Have a go at drawing them if you can.



You don't need to do every single activity but if you have time you can do more than one.