



With Friends Action North East at Bullion Hall

Free friendship workshops for people with a learning disability and autism

Join our friendly team to learn about making and keeping healthy friendships including:

**Face to face
and Zoom
places
available**

- What is a friend?
- Keeping safe
- Having a plan
- Out and About
- Friendship Goals

**Dates:
September
6th and 13th
10am-1pm**

Build skills and confidence around making positive friendships and getting back into community life through fun and accessible activities

To book a place and find out more contact:

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