



**Employability  
Durham**

# Employability Mentoring Project

## Supporting Communities

Working in specific areas of South Durham, including Bishop Auckland, Shildon and Spennymoor, with those aged 25 and over.

We offer one to one mentoring support with a qualified and experienced Mentoring Officer, providing you with Information, Advice and Guidance (IAG).

This includes:

- Talking with you about your motivation and goals
- Getting to know you, your situation and what you will need to move forward
- Help to access courses and training to improve your skills
- Learning about volunteering, work placements and other opportunities
- Exploring the benefits of self-employment
- Linking in with other services such as housing, health or Money Matters
- Practical steps to make your job search more successful
- Ongoing support to help you settle in to your next step

**For more information contact us on:**

 [durham.gov.uk/employability](https://durham.gov.uk/employability)

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