

Help for Ukraine

Personal hygiene items

- Shower gel, soap, shampoo, conditioner, toothbrush for adults and children, toothpaste for adults and children, deodorants
- Face creams, hand creams
- Panty liners, pads, incontinence pads for women

Items for nursing mothers

- Post labour pants and pads, nursing pads, nursing bras for lactating women

Baby Items

- Baby wet wipes, nappies of various sizes, tissues and cotton wool pads, new unused baby grows

Baby foods

- Baby powder formula, baby porridge, first baby foods in sachets, any instant baby food

First aid items

- First aid kits, bandages, antiseptic gauze, compression bands, fabric plasters, latex gloves, painkillers for adults, vitamin packs for adults and children

Children's items

- Colouring books and colouring pens, small cuddly toys, small puzzles, sweets of any kind

Food and sundries

- Canned food of any kind with ring pull, soups beans, pasta, meats etc.
- Kitchen towels, disposable forks and plates

Clothing

- Underwear for women, boys and girls of any ages
- T-shirts, sweatshirts, joggers and leggings for women children, slippers for women, pyjamas for women and children.

Other items

- New unwanted sleeping bags, sleeping mats and duvets